



Cooks Creek Presbyterian Church COURIER

Vol. 113

4222 Mt. Clinton Pike
Harrisonburg, VA,
22802

October 2020

Staff

Pastor

Rev. Dr. Seth A. Normington

Music Director

Sarah Layman Graf

Organist

Teresa Simmers

Nursery Coordinator

Kathy Lyons

Office Manager

Martha Shank

Custodian

Jean Will

Office Hours

Monday - Thursday

9:00 am - 12:00 pm

Connect with Us

540-867-5117

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Let's get back....

to Sunday School!

The Christian Education Committee welcomes everyone to Sunday School!

There is a special seat waiting for you!

Infant (age 0-2) and Toddler (age 2-4) Nursery –

Kathy Lyons, Nursery Coordinator

Foundations (Pre-K & Kindergarten) –

Autumn Barnett, Whitney Eberly, & Natasha Blosser

Go-Getters (1st & 2nd graders) –

Nancy Myers, Beth Phillips, & Laura Ann Leftwich

God's Treasures (3rd, 4th, & 5th graders) –

Adonica Miller & Mary Etta Cornett

Jr. & Sr. High – Skip Wallace, Chase & Kate Dudley

Berean Class – Anne Finlayson, Sam Ritchie, Terry Morris

Sojourner Class – Phyllis Simmons, Don Myers, Dick Travis

Faithline – Shared Leadership

The Wired Word – Shared Leadership



RAMBLINGS FROM THE REVEREND

As the years go by, I am less and less surprised when I hear someone denounce the anger, vitriol, division, and hate in our society in one breath only to hear them engage in angry vitriol that sows division and hate in the next breath. Anger does not overcome anger, love does. Hate does not overcome hate, love does.

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Volunteers this Month



	Acolytes	Hospitality	Liturgist	Sunday School Care	Nursery Care	Preschool Care
4	Communion		Ken McNulty		Whitney & Paul Eberly	Autumn & Hunter Barnett
11	Hollis Switzer		Catherine Carrier	Katherine Lyons	Ashley Hughes & Pam Bocock	Adonica Miler & Katherine Lyons
18	Layton Scott		Don Myers	Rachel & Matt Switzer	Natalie & Brian Bocock	Dianne Brown & Katherine Lyons
25	Elaina Garrison		Steve Smith & Hollis Switzer	Nancy & Craig Miller	Lee Anne & Donald Biller	Jennifer Fadeley & Katherine Lyons

Dates to Remember:

- 4 - Communion during worship and also as drive-thru from 12:00 - 1:00
- 7 - 21 - Adult Formation Class at 7:00 pm
- 11 - Sunday School Resumes
- 19 - Session at 6:30

Greeter/Elder on Call:

Jim Suter - 540-433-1063
 Chad Barnett - 540-746-9662

Usher:

Bus Driver: Donald Biller



Attendance Last Month

Sept.	SS	Worship
6		
13		
20		73
27		69

Prayer Corner

Luanne May
 Colleen Long
 Lois Burkholder (Norma Bowman's sister)
 Jerry and Charlsie Miller
 Ken McNulty
 Terry and Linda Morris

Carolyn Stilwell (Carole's daughter in law)
 Lois Burkholder (Norma Bowman's sister)
 Barbara Ritchie (Wanda Ritchie's daughter in law)
 Lori Evans (George's sister)

Session

Class of 2020	Class of 2021	Class of 2022
Dianne Brown	Chad Barnett	Mark Williams
Mary Etta Cornett	Tom Bocock	Terry Morris
Phyllis Simmons	Bob Scott	Jim Suter
Dick Travis	Adonica Miller	Brad Miller
Karen Moats	Don Myers	Becky Pierce

Dick Miller Fund

Thank you to those that have been giving generously to this fund. We have been receiving requests for assistance.

Budgeted Funds**Back-Pack Program:**

Mt. View Elementary will be gearing up their back-pack program starting in October. Anyone wanting to donate items for this can leave them on the designated area in the room across from the library. They are needing soup (any kind), Ramen noodles, nabs or individual bags of Cheese-its, individual containers of apple sauce or fruit cups, cereal/granola bars, individual packages of oatmeal, sleeves of saltine crackers, individual boxes/bottles 100% juice, single serving boxes of cereal, etc.

Open Doors:

The Open Doors program looks a bit different this year. It will be housed at a semi-permanent location. The Missions & Outreach Team of CCPC voted to host our usual two weeks which fall on the following dates:

December 28, 2020 – January 3, 2021

March 8 – 14, 2021

Please mark these dates on your calendar. Host churches will be providing/serving supper only and providing any programming we wish (music, game night, and

other entertainment). Food will have to be prepared either in our homes or at our church; we won't be able to prepare meals at the host facility. We will also need approximately 4 volunteers to serve the meals. There will be no need for bus drivers, over-night volunteers, etc. Watch for more information in the future.

Budgeted Funds:

In September, CCPC used budgeted funds to support WRE.

Weekday Religious Education offers Bible classes that meet weekly for approximately 30 minutes for second, third and fourth graders who have parent or guardian's permission.

The seven Bible teachers will be conducting classes virtually this year.

Prayer Ministry

"The Lord your God in your midst, The Mighty One, will save; He will rejoice over you with gladness, He will quiet you with His love, He will rejoice over you with singing."

Zephaniah 3:17

Sunday School classes will begin on Sunday, October 11th. As a way to celebrate our first Sunday back; Prayer Charts, Bible activity booklets, and art activities will be available for children/youth to pick up after worship service. Stop by the table at the double glass doors as you are leaving and select several items to enjoy at home. These items will also be

available after church for the next few Sundays. If you are unable to stop by after church, please contact me, and I'll make certain you receive several of these items by home delivery.

Parents and church members have shared their thoughts concerning the Prayer Ministry and what it has meant to their families. Several comments are:

"I have loved having both of my children!! I miss seeing them so much!! I feel this helps me be aware of how much help young parents need and any additional prayer is so important."

"Thanks for this program. It helps to feel the connection with our church family which we are missing so much."

"This is great... Our children are our future."

As a congregation let us continue to pray for our children, youth, college students, educators, health care workers, first responders, missionaries, those who have health issues, and our country. God is with us and hears our prayers. Let us sing praises to our Lord and Savior.

Blessings,

Becky Pierce

rpiercehome@hotmail.com



RAMBLINGS FROM THE REVEREND

Continued from page 1...

Dividing will not lead to unity, humility does. Blaming others does not excuse our own behavior, spiritual maturity accepts responsibility for our behavior. None of us is a finished product, we all have work to do in the Holy Spirit. Seek out those who are sincere in doing that work in themselves and walk with them.

Psalms 146 is a place I have been turning to lately and so I offer it to you. May you not put your trust in princes, but in the Lord this psalm describes so well.

Blessings,

Seth

146 Praise the Lord!

Praise the Lord, O my soul!

2 I will praise the Lord as long as I live;

I will sing praises to my God while I have my being.

3 Put not your trust in princes, in a son of man, in whom there is no salvation.

4 When his breath departs, he returns to the earth; on that very day his plans perish.

5 Blessed is he whose help is the God of Jacob, whose hope is in the Lord his God,

6 who made heaven and earth, the sea, and all that is in them, who keeps faith forever;

7 who executes justice for the

oppressed, who gives food to the hungry.

The Lord sets the prisoners free; 8 the Lord opens the eyes of the blind.

The Lord lifts up those who are bowed down; the Lord loves the righteous.

9 The Lord watches over the sojourners; he upholds the widow and the fatherless, but the way of the wicked he brings to ruin.

10 The Lord will reign forever, your God, O Zion, to all generations.

Praise the Lord!

Adult Formation

Our adult formation series, Present and Future Hope, continues Wednesday, October 7 at 7:00 pm and will run through Wednesday, October 21. The series will also be recorded and posted to our website for later viewing (www.cooks-creekchurch.org/adult-ministry). We will explore the meaning of resurrection, the mission of Jesus, and what happens at "the end." We will address questions like, "what happens when I die?" and "what will happen when Jesus returns?" using scripture as our guide. Look for ways to engage in our weekly update emails.



Financial Update

Thank you for your continued generosity towards God's work at Cooks Creek!

Our income as of September 30 is \$233,605. This amount includes the \$35,994 given to the Capital Campaign in 2020. Our expenditures in 2020, including capital upgrades, total \$224,272. This leaves us with a 2020 operating surplus of \$9,333. We have raised a total of \$85,977 for the capital campaign and our goal is \$100,000 by the end of the year.

Our goal for income for the year is \$353,660 which includes our annual ministry expenses and raising \$57,000 to meet our capital campaign goal, so we need to remain diligent to meet our goals and be financially strong for the future.

To learn how to give online, on your mobile device, through the mail, or in-person, please go to cooks-creekchurch.org/give or call the office at 540.867.5117.



To Cooks Creek Family,

We greatly appreciate the many expressions of sympathy received in the passing of our sister. We thank you for the prayers, calls, cards, flowers and food. We also thank you for the visits, cards and treats from the Mary Ruth Circle she received while at VMRC. Special thanks to Pastor Seth and blessings to you all.

Carolyn Wampler and family

Dear Cooks Creek Presbyterian Folks,

Jim and I would like to thank you for the phone calls and notes checking up on us during the pandemic I especially thank Mrs. Phyllis Simmons for her kind and caring notes and phone calls. We appreciated the birthday cards also.

Thank you,
Sue & Jim Haley

A Note of Thanks,

The Congregational Care Team hopes that everyone enjoyed the delicious BBQ chicken expertly prepared by our West Rockingham Ruritan Club members. Many thanks to all who helped with the preparations, wrapping, distribution, and delivery. We look forward to next year when hopefully we can all gather and share a picnic meal together.



Our prayers and sympathy go to Brenda Moyers and family in the passing of Brenda's father, Robert L. Kelley on Tuesday, September 22. May you find peace and comfort in Christ during this difficult time.



Don't forget to change your clocks on November 1st. That extra hour is always useful!



COOKS CREEK PRESBYTERIAN CHURCH OUTREACH MINISTRY

Keeping in Touch with Members and Friends

One of our most important ministries is to love and care for one another. All of us can participate in this by reaching out with phone calls, cards, visits and prayer. We want to remember the words of our Lord:

"Just as I have loved you, you also should love one another." John 13:34



Dennis Early 2/2	Bellaire at Stone Port 1684 Port Hills Dr. Harrisonburg, VA 22801 540-810-3168	Lois Frye 10/25	White Birch Communities 847 Oakwood Dr. Rockingham, VA 22801 540-236-5918
Tom and Luanne May T 4/11 L 4/29	1235 Quince Drive Harrisonburg, VA 22801 540-476-3205	Pam Sonner 3/20	229 Emerson Lane Harrisonburg, VA 22802 540-217-0805
Jerry & Charlsie Miller J 7/30 C 3/5	4463 Mt. Clinton Pike Harrisonburg, VA 22802 540-908-8316 millerhomestead@comcast.net	Terry & Linda Morris T 4/9 L 3/1	4248 Grattan Price Drive Harrisonburg, VA 22801 540-568-8448
Nelson Miller 12/25	Bridgewater Retirement Community Unity House 302 N 2nd St. Bridgewater, VA 22812	Colleen Long 7/6	Shenandoah Terrace 447 W. Old Cross Rd. New Market, VA 22844
Pete & Ann Rhodes P 6/1	624 Erickson Ave. Harrisonburg, VA 22801 540-434-9473	Curtis Long 11/23	6868 Mt. Clinton Pike Harrisonburg, VA 22802 540-867-5127
Wanda Ritchie 1/19	68 Cooks Creek Rd. Harrisonburg, VA 22802 540-434-1944	CCPC MEMBERS AT VMRC	
Mary Ann Brown 6/1	Bridgewater Retirement Community Assisted Living Room #336 302 N. 2nd Street Bridgewater, VA 22812 540-564-0640	Lois Alexander 4/1	1401 Virginia Ave Crestwood, Cedar Room 101 540-564-3574
Eddy & Mary Ellen Wampler E 9/15 M 3/23	335 Westview Street Dayton, VA 22821 540-879-2257 Eddy – 540-383-5653	Nelson Alexander 11/24	1401 Virginia Ave Crestwood, Walnut Room 330 540-564-5611
Mary Ann Morriss 11/11	Summit Square Retirement Community 501 Oak Ave Waynesboro, VA 22980 540-941-3157	Millie Harman- DeVall 4/15	1285 Shank Drive Apt 323 Harrisonburg, VA 22802
		Jimmy & Evelyn Miller J 5/31 E 4/24	1401 Virginia Ave. Crestwood, Hickory Apt. 303 540-564-6527



FOOD PANTRY REPORT

Beginning Balance August 1, 2020

\$17,462.18

DEPOSITS

Individual Contributions	\$900.00
Church & Religious Organizations	\$425.00
Total Deposits	\$1,325.00

DISBURSEMENTS

Hamburger	\$143.52
Bread	\$74.25
Food Purchases to fill Bags	\$2,204.24
Milk Vouchers (Finder's Keepers 70 gal. - \$239.90 Sharp Shopper 42 gal - \$155.16)	\$388.06
Total Disbursements	\$2,810.07

Balance as of August 31, 2020

\$15,977.11

As you can see from the report above, expenses were a little over \$1,400 more than income in August. We still have a good balance, but I hope the contributions next month are closer to the amount we spend. Attendance in August was 68, an increase of about 10 over July. We are blessed to have the resources to continue meeting the needs of those who come to us. Because of the generosity of our supporters, we have been able to give the same amount we have been giving or a little more. It is really easier for folks to send a check than to shop for food items for the pantry, so I hope that these donations will continue or even increase as I notice that food prices are beginning to increase.

Mt. Clinton Methodist Church has a plot that they have used for a couple years to plant potatoes for the pantry. This month their harvest provided about a 3-pound bag of potatoes for each family. This is a wonderful contribution because we rarely have any fresh produce. And I'm sure this project is meaningful to those who work together over a period of time to give a special gift to those in need.

The 2020 Census sent a representative to the pantry Thursday evening to give materials to those who might not have sent in their census information and to encourage them to send it or to help them to fill it out there. Also, we very much appreciated that the Census folks have given us two large boxes of reusable bags to use for our distribution.

We also should remember that schools have been providing breakfast and lunch to students, but this year with most involved with virtual learning, the students will be eating these meals at home. Although some school systems have tried to reach children with meals, some families have difficulty participating in these programs.

For the last several years, the Harrisonburg Rotary Club has held a community food drive in October called the Great Day of Sharing from which about 10 local food pantries benefited. WRFP was fortunate to have participated in this program. However, this year this event has had to be cancelled. The club would like suggestions for how they might still contribute to the efforts of these pantries. Please let me know if you

have suggestions, and I will forward them to the club. We have very much appreciated the organization this club has provided to help those who are committed to providing food to those with needs in our community.

We thank Clover Hill UMC for hosting the August distribution. For September, Fairview COB will provide eggs and an inspirational insert for each family.

If you were looking for an uplifting, inspirational article, the Washington Post probably wouldn't be your go-to source. However, in the July 26 issue in a section titled Inspired Life, Donna Britt penned a rather lengthy article "Finding Power in Gratitude Amid a Global Pandemic." I couldn't wait to read the article because this seemed such an unusual approach. All of us have had a range of emotions over the last several months, but loss of power to control our lives may be at the root of our fears and anxiety. And this loss of power shows up in many ways and is magnified in little things. Gee whiz! I can't even go to the store without wearing a face mask!

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FOOD PANTRY REPORT, CONT.

When we think about it, there is much in our lives that we never have power over, but that's a topic for another day. One of Britt's points is that it's impossible to be grateful and unhappy at the same time. Try it. Time yourself by the clock for five minutes and see how many things you can name that you are grateful for. Five minutes was probably not enough time for you to list all your blessings, but I'll bet for those few minutes you had power over your emotions and you actually felt better. She says that it has been scientifically proven that being grateful reduces anxiety and boosts immunity. Who doesn't need that now? Britt also says that it's hard for some of us to be grateful because we get a kick out of being miserable. Gripping about not being able to go to a restau-

rant is a lot more fun than telling a friend about some great new recipe we had time to find. And fretting about how much worse things might be next month is so much easier than reflecting on how much better they've gotten lately, which is something to be grateful for.

Also, it sometimes just feels plain wrong to celebrate what's good in our lives when obviously there's so much pain and suffering in the world - loss of homes in wildfires and floods, injustices that have been going on for years and are now being exposed, college kids moving onto campus and in a week having to go back home, etc. We can pray for people who are experiencing these things, but wallowing in depression over such calamities does nothing to help them or ourselves. Actively doing some-

thing good like working for the food pantry or Miss Mae's Thrift Shop or calling someone who lives alone, etc., is a way to celebrate the good in our lives and to create more of it.

When we think about it, our past, however good or bad it was, is gone and the future is unpredictable and unknown. All we really have is this moment. Now. And in this moment, we will find our power if we choose to be grateful. Psalm 118:24 says, "This is the day that the Lord has made. Rejoice and be glad in it." I trust that those who come to the food pantry find some degree of power, regardless of the difficulties in their lives, when they smile and express gratitude for the food they receive.

Bea



**Celebrate the 60th
Wedding Anniversary
of *Wayne & Frances Bailey*
Open House October 10th, 1-4 PM
Mt. Olive Presbyterian Church
in the Fellowship Hall
9148 Rawley Pike, Hinton, VA 22831**

SEED impressions

Create autumn-themed artwork using items from plants.



What you need:

- Seed pods, nuts, pine cones
- Mixing bowl
- 2 cups flour
- 1 cup salt
- 1 cup warm water
- Adult help

What you do:

1. Go on a nature walk and collect seeds with interesting textures.
2. In the bowl, mix flour and salt. Gradually add water. On a table, knead the dough. (If too dry, add more water; if too sticky, add more flour.)
3. Flatten a ball of dough and stamp impressions in it with the seeds.
4. If desired, bake for several hours at 150 degrees until dry and hard. Or, to reuse dough, store in an airtight container up to 6 months.



A PLANTING PARABLE

Jesus had to explain his Parable of the Sower to the confused disciples.

Directions: Use the word bank to answer the clues. Then fill in the correct words below to complete Matthew 13:23, NIV.

WORD BANK: sow, soil, wither, root, thorn, crop, seed, farmer

1. Plant part that absorbs water
2. Contains what's needed to grow a plant
3. To plant
4. Sharp part of a plant
5. What is harvested.....
6. To dry up and shrivel
7. Person who plants
8. The earth a plant grows in

"But the 2 falling on good 8 refers to someone who hears the word and understands it.

This is the one who produces a 5, yielding a hundred, sixty or thirty times what was 3 n."

MATTHEW 13:23, NIV

Answer: root, seed, soil, sower, thorn, crop, wither, farmer, soil, seed, soil

FUN FALL WORD SEARCH

Find each of the fall words hidden below.

H	A	R	V	E	S	T	E	I	S	E	T
R	S	L	O	E	C	D	D	E	C	H	A
A	E	U	O	L	I	A	V	A	A	S	S
E	A	U	N	R	L	A	A	N	R	C	N
E	E	P	Y	F	E	A	K	R	E	O	R
O	L	A	P	L	L	S	B	A	C	R	O
R	H	M	E	L	G	O	U	T	R	N	C
A	E	E	D	I	E	T	W	L	O	A	A
N	R	E	V	E	U	S	O	E	W	O	R
G	L	I	E	M	R	M	A	A	R	R	F
E	N	E	N	P	U	M	P	K	I	N	R
G	Y	E	L	L	O	W	I	D	S	A	R

WORDS TO FIND:

- | | |
|-----------|--------------|
| pumpkin | harvest |
| yellow | apples |
| scarecrow | hayride |
| autumn | red |
| leaves | Thanksgiving |
| sunflower | football |
| acorns | orange |
| corn | |



October 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
Communion	OFFICE CLOSED		Adult Formation @ 7 pm			
11	12	13	14	15	16	17
	OFFICE CLOSED		Adult Formation @ 7 pm			
18	19	20	21	22	23	24
	OFFICE CLOSED Session @ 6:30 pm		Adult Formation @ 7 pm	Food Pantry 4-6		
25	26	27	28			
	Courier Deadline OFFICE CLOSED					



BIRTHDAYS

- | | |
|-----------------------|----------------------|
| 3 - Vivian Burkholder | 21 - Andy Funkhouser |
| 7 - Cailin Dolack | 23 - Brennan Miller |
| Brett Heatwole | Blake Moats |
| 8 - Linda Smith | 25 - Norma Bowman |
| 9 - Sophie Newman | Lois Frye |
| 10 - Tom Frye | Phyllis Miller |
| 16 - Fran Smith | 27 - Flossie Andrews |
| 18 - Kathy Dalrymple | 28 - Hollis Switzer |
| 19 - Ryan Blosser | 29 - Wayne Swope |

ANNIVERSARIES

- 3 - Kevin & Morgan Bocock
- 13 - Eric & Tammy Browning
- 16 - Bart & Michelle Bridges
Wayne & Rhonda Swope
- 20 - Chase & Kate Dudley
- 24 - Curtis & Colleen Long