

Cooks Creek Presbyterian Church
4222 Mt. Clinton Pike, Harrisonburg, VA 22802
cooks creekchurch.org
cooks creekpres@gmail.com
540.867.5117

July 2022
Volume 134



COOKS CREEK
PRESBYTERIAN
CHURCH

Cooks Creek Courier

Antarctica In August

Wednesday, August 17, 2022 – 12:00 noon
Cooks Creek Presbyterian Church Fellowship Hall
Come and enjoy a simple lunch of burgers & hotdogs
Bring a favorite side dish or dessert to share

Following lunch we will enjoy a presentation by Jerry Gustin, a career US Army Transportation Officer. Jerry received a joint service assignment to the US Navy as the Terminal Operations Officer for the Naval Support Force Antarctica, Operation Deep Freeze. He spent 11 months at McMurdo Station on the Antarctic Continent coordinating the movement of personnel, equipment, fuel and scientific research materials to and from the United States to destinations throughout Antarctica.

Won't you join us?
Please RSVP by Sunday, August 14 to the church office

Inside this issue

Monthly Schedule.....	2
Church News.....	3
Reverend Ramblings	4
Outreach Ministry.....	5
Food Pantry Report.....	6&7
Kid's Page.....	8
Calendar & Celebrations ...	9

Ramblings from the Reverend

Starting Sunday, July 10, we will spend some time basking in God's Word to the Colossians. The Apostle Paul sent a letter to the Christians in the town of Colossae, which was a city 120 miles inland from the Mediterranean Sea in modern-day Turkey.

Cont. on page 4

July

	Liturgist	SS Care	Nursery	Pre-school	Acolyte
 3	Skip Wallace	Katherine Lyons	Shelley & Charlie Newman	Katherine Lyons & Pam Bocock	
10	Ken McNulty	Katherine Lyons	Natalie & Brian Bocock	Adonica Miller & Billy Lilly	
17	Don Myers	Katherine Lyons	Whitney & Paul Eberly	Katherine Lyons & Dianne Reynolds	
24	Steve Smith	Katherine Lyons	Jennifer & Brandon Fadeley	Katherine Lyons & Nancy Miller	
31	Robin Wallace	Katherine Lyons	Katherine Lyons	Robin & Skip Wallace	

Elders on Call: Fran Smith - 540-421-0837 and Skip Wallace- 540-476-2475

If you have an urgent need and can not get in touch with Pastor Seth, please call the Elder on call.

June Attendance:

- 5 - SS 12 W 98
- 12 - SS 19 W 77
- 19 - SS 15 W 60
- 26 - SS 15 W 98

We are also thankful for the 30-50 who faithfully watch online and listen via telephone.

Prayer Needs

- Dylan Heatwole
- Tucker-JD and Diane's grandson
- Terry & Linda Morris
- Karen Moats
- Dennis Early
- Ronald Miller
- Meredith Durham (daughter of Becky Hottel)



Church Information

Staff

- Pastor: Rev. Dr. Seth Normington 540.236.2900
- Office Administrator: Martha Shank 540.567.8117
- Organist: Teresa Simmers
- Nursery Coordinator: Katherine Lyons
- Custodian: Jean Will

Session

- Clerk of Session: Mark Williams
- Administration Team: Mark Williams, Brenda Moyers
- Mission Outreach Team: Terry Morris, Jeff Heatwole
- Congregational Care Team: Becky Pierce, Fran Smith
- Christian Education Team: Kate Dudley, Gerald Harper
- Property and Grounds Team: Jim Suter, Brad Miller, Ray Heatwole
- Worship Team: Don Myers, Skip Wallace

Church Committee Leaders

- Youth Advisor: Kate Dudley
- Cemetery: Brad Miller
- The Sunshine Gang: Craig & Nancy Miller, Bob & Patsy Scott
- Sanctuary Decorations: Jana Miller
- Historian: Nancy Myers

Church News

Prayer Ministry

"Blessed is the nation whose God is the Lord, the people he chose for his inheritance. From heaven the Lord looks down and sees all mankind; from his dwelling place he watches all who live on earth – he who forms the hearts of all, who considers everything they do."
Psalm 33: 12 – 15.

Dear God,

Thank you for your great power. We praise you for your Truth. We're grateful that you have set us free from the clutching grasp of sin and death.

Would you be with your people, extending your grace, granting your freedom, providing your protection, and empowering with your strength. We ask that you'd bring about an awakening of your presence as never seen before. We ask that your Name be proclaimed, that all plans to silence the Name of Jesus would be thwarted and crushed.

GOD
BLESS
AMERICA

We pray that many would come to know you as Lord and Savior, we pray that many would see your Light, that you would open blind eyes and release those still imprisoned.

We pray that you would unify your people for the glory of your Name, that all who call themselves Christians would rise up, believing your great Truth.

Wake us up Lord! Remind us to live aware, to redeem the time, to listen to your words, to be willing to make a difference in this land.

We pray for all those in authority, that you would give them your wisdom and discernment as they lead. We ask that you would appoint strong, faithful men and women to serve this nation and our people.

We pray for your great healing on our land. Shine your face on us dear God. We need you now, more than ever before. Our times are in your hands.

Thank you that you are rich in mercy and full of grace. Thank you that you are forgiving and merciful.

Thank you that you are strong and mighty. Thank you that you are for us and that you fight for us still today.

Bring honor to your Name, Oh Lord, for You alone are worthy. In the Powerful Name of Jesus we pray, Amen.

Written by Debbie McDaniel

Baptism Sunday

Sunday, July 7, there will not be a worship service at the church. There will be a service of baptism and re-commitment by the South River at 412 West Bank St., Bridgewater at 10:30 am. There is plenty of parking but feel free to car-pool as well. Be aware that there are steps down to the river area but there will be help available navigating them if needed. Be sure to bring a chair to sit on and expect plenty of shade by the river!

Re-Connect Sunday

Sunday, October 2, 2022

Invite your Cooks Creek family & friends to a meaningful service followed by a wonderful luncheon and music by The Dunns

Get it on your calendar NOW!

Ramblings from the Reverend, continued from page 1

The Christians there were being bothered by a cultic group who claimed to have secret religious knowledge and practices and that the Christians needed to incorporate some or all of what these people believed and did. To help these Christians, Paul writes a stirring letter on who Christ is and what Jesus has done in an effort to strengthen the Christians to avoid these practices. Paul makes it clear that Jesus Christ should have the highest and most central place in the lives of believers and that Christ is the exclusive head of the Church Universal. Paul then goes on to encourage the Christians to adhere to practices that will strengthen their walk with Jesus.

Why is this important to us? Talk of religious cults and such seems silly and easy for us to avoid today, but we are often tempted by clever bits of

“wisdom”, quick fixes, and earthly practices that don’t build up our walk with Jesus. They are distracting us from focusing on Jesus. By listening to and drawing out Paul’s words, we will get a better sense of who Christ is and how Jesus’ work on the cross is sufficient for our salvation—and just how big that salvation is! Join us to hear the Good News of Jesus Christ, the one who is



sufficient for every need!

In my family’s world, summer is a time for taking a break. Another arduous pandemic-era school teaching year is finished and it is time to visit family... which is a bit more of a journey for us. We

hope you get to take a break, too! I pray you have been enlightened by the different voices in the pulpit and leading worship in my absence – we are so blessed to have so many great preachers and leaders at Cooks Creek – and look forward to seeing you on July 10.

God bless,

Seth

Financial Update

Year to Date Totals:

Income: \$143,443.27

Expenses: \$149,107.02

Thank you to those who continue to give tithes and offerings so that the work at Cooks Creek can continue.

To learn how you can give online, on your mobile device, through the mail, or in-person, please go to cookscreekchurch.org/give or call the office at 540-867-5117

History Tidbits

Look for tidbits of Cooks Creek’s history in upcoming Couriers as research for our new history book continues.



In 1967-68, our sanctuary was remodeled to include the center aisle. A picture of the previous sanctuary can be seen in the history room. Can you guess which couple were the last to be married at Cooks Creek before this remodeling and the first couple to be married in the remodeled current sanctuary?

Cooks Creek Church Outreach Ministry

Keeping in Touch with Members and Friends

One of our most important ministries is to love and care for one another. All of us can participate in this by reaching out with phone calls, cards, visits and prayer. We want to remember the words of our Lord:

"Just as I have loved you, you also should love one another." John 13:34



Dennis Early 2/2	Bridgewater Retirement Community 302 N. 2nd St. Room 353 Bridgewater, VA 22812	Lois Frye 10/25	White Birch Communities 847 Oakwood Dr. Rockingham, VA 22801 540-236-5918
Tom & Luanne May T 4/11	1235 Quince Drive Harrisonburg, VA 22801 540-476-3205	Pam Sonner 3/20	229 Emerson Lane Harrisonburg, VA 22802 540-217-0805
Jerry Miller 7/30	4463 Mt. Clinton Pike Harrisonburg, VA 22802 540-908-8316 millerhomestead@comcast.net	Terry & Linda Morris T 4/9 L 3/1	3935 Sunnyside Dr. Suite B Harrisonburg, VA 22801 540-568-8448
Pete & Ann Rhodes P 6/1	624 Erickson Ave. Harrisonburg, VA 22801 540-434-9473	Curtis Long 11/23	6868 Mt. Clinton Pike Harrisonburg, VA 22802 540-867-5127
Wanda Ritchie 1/19	68 Cooks Creek Rd. Harrisonburg, VA 22802 540-434-1944	CCPC MEMBERS AT VMRC	
Mary Ann Brown 6/1	Bridgewater Retirement Community Unity Household Room 360 302 N. 2nd Street Bridgewater, VA 22812 540-564-0640	Lois Alexander 4/1	1401 Virginia Ave Crestwood, Cedar Room 101 Harrisonburg, VA 22802 540-564-3574
Eddy & Mary Ellen Wampler E 9/15 M 3/23	335 Westview Street Dayton, VA 22821 540-879-2257 Eddy – 540-383-5653	Nelson Alexander 11/24	1401 Virginia Ave. Walnut 330 Harrisonburg, VA 22802 540-564-6511
Mary Ann Morriss 11/11	Summit Square Retirement Community 501 Oak Ave Waynesboro, VA 22980 540-941-3157	Jimmy & Evelyn Miller J 5/31 E 4/24	1401 Virginia Ave. Crestwood, Hickory Apt. 303 540-564-6527
Jean Ratcliff 5/23	5366 Snapps Creek Rd. Singers Glen, VA 22850 540-833-6604	Mable Branner 4/3	1401 Virginia Ave. Redbud 224 Harrisonburg, VA 22802 540-564-3352

Food Pantry Report

Beginning Balance May 1, 2022	\$21,300.57
DEPOSITS	
Individual Contributions	\$350.00
Church & Religious Organizations	\$307.10
Total Deposits	\$657.10
DISBURSEMENTS	
Bread	\$187.50
Hot dogs	\$180.95
Food Purchases to fill Bags	\$2,696.12
Eggs (Reimbursed by Mt. Clinton Mennonite)	\$213.10
Milk Vouchers (Finder's Keepers 17 gal. - \$60.78 Sharp Shopper 66 gal. - \$265.02)	\$325.80
Produce Vouchers (Bananas- \$82.28, Apples- \$208.09, Grapes-\$146.84)	\$437.21
Toilet Tissue Purchase	\$359.40
Total Disbursements	\$4,400.08
Balance as of May 31, 2022	\$17,557.59

The balance is quite a bit lower this month, mainly because of the increase in prices at the store. Cargill gave the pantry a chest freezer full of small turkey breasts weighing about two pounds each, so we gave each family two of these and still have over half a freezer left. Also, the Cheese Ministry gave us about 64 6-pound blocks of mozzarella cheese, so each family who wanted it got a block of cheese. We had about 19 2-pound tubes of ground deer meat left, and we offered this to the large families. Because of items given to us from the Dayton UMC last month, we were able to provide the variety table in the registration area where families could choose one item such as canned salmon, microwave popcorn, chips, etc., as well as personal care items such as deodorant, toothpaste, toothbrushes, etc.

Thursday evening the pantry

served 53 households, four of whom were new, and on Saturday there were deliveries to two more. We were sad to learn that another of our clients passed away last week, and her husband will now be living with his son out of our area. Within these households, 167 people received food. Approximately 1,540 pounds of food was given in the prepacked bags. In addition to that and the above mentioned items, each family received a pound of hot dogs, a package of hot dog buns, a loaf of bread with large families receiving 2 loaves, and two 12-ct cartons of eggs or one of the few 18-ct cartons left from last month. Those who have worked preparing for the distribution each month know that the prepacked, reusable bags are full, usually with about 13 items. In every bag, there is cereal, canned vegetables, canned fruit, and usually boxed potatoes, pasta of some kind with

sauce if it spaghetti, mac & cheese, soup/canned stew, peanut butter and jelly, Bisquick/baking mix and syrup, and sometimes dried beans and other items such as Jello and cake mix and icing for special occasions, etc.

We thank the Mt. Clinton Mennonite Church for hosting the pantry this month. Mt. Bethel COB will host the pantry on June 23. They will provide the eggs and an inspirational insert for each family. Since the total households served during the month remains in the upper 50s - low 60s, it is wise to continue to plan for 70. School will be out this month and kids will not get the breakfast and lunch they depend on there. Also, the increasing prices of food and gas may force more who were just barely getting by to seek assistance. Leftover items are always used later.

Cont. on page 7

Food Pantry Report, Cont.

Do you ever think about how this food pantry mission is a reflection of what scripture says in Genesis 1? Part of what this passage teaches is that God created people in His image, meaning with the capacity for His characteristics of compassion, mercy, love. However, as human beings we lack God's perfection. At times people in the world get caught up in their differences and give in to prejudices and petty disagreements, not only destroying opportunities to reflect God's image but actually causing pain and heartache and even in some instances, danger. Just think of the ways God

uses the differences of a tremendous number of people involved in this pantry to reflect His image. We are different denominations - Brethren, Mennonite, Methodist, Presbyterian. We are different ages, but we give and do what we can from children in Bible school and 4-H groups to retirees. We have different abilities, talents, and resources. Some lift heavy weights, use a computer and process paperwork, give time as they work pantry duties into an already busy schedule, gladly take on duties behind the scenes that no one is aware of but would be evident if they weren't done, will-

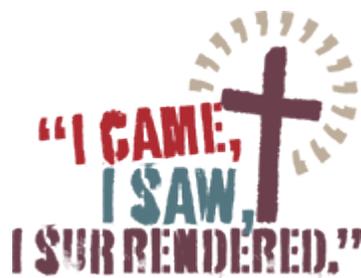
ingly help out when unusual circumstances arise, quietly give generously and regularly of resources, and on and on. Because of a sincere desire to reflect God's image, differences that cause such havoc in the world are not present here. What a joy it is to participate in carrying out this mission as we endeavor to reflect the image we were created to be.



Bea



Liberty Through Surrender



To non-believers, talk of finding freedom through complete dependence on Jesus must sound foolish. How can surrendering your desires, time, heart — indeed, your entire life — lead to anything but bondage?

The answer is evident in Jesus' own life and ministry, writes Michael Card in *Immanuel: Reflections on the Life of Christ*. In a twist on Julius Caesar's motto "Veni, vidi, vici" ("I came, I saw, I conquered"), "Jesus lived by the motto, 'I came, I saw, I surrendered,'" Card notes. "By living out this unorthodox pronouncement, Jesus demonstrated that what the world regards as power is really impotence. True victory is only through surrender."

During the 16th century, St. Ignatius of Loyola wrote this prayer of surrender that's still relevant today: "Take, O Lord, and receive my entire liberty, my memory, my understanding and my whole will. All that I am and all that I possess, Thou hast given me: I surrender it all to Thee to be disposed of according to Thy will. Give me only Thy love and Thy grace; with these I will be rich enough and will desire nothing more. Amen."

PATRIOTIC PINWHEEL

Create this colorful July 4th craft.

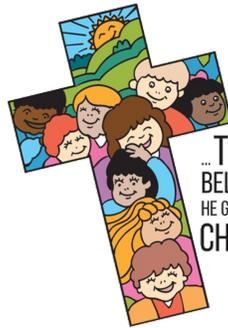
What you need:

- Decorated card stock square (5" x 5")
- Scissors
- Hole punch
- 2 one-inch circles of card stock
- Glue
- Pipe cleaner (3 inches)
- Drinking straw



What you do:

1. Fold the square corner to corner to form an X. Unfold.
2. To make spokes, cut the four creases until an inch from the center.
3. Punch a hole in the middle of the square, near the tips of each spoke, and in the middle of each circle.
4. Fold each spoke toward the center, lining up the holes. Glue in place.
5. Wrap one end of the pipe cleaner around the top of the straw. Thread a circle, the pinwheel, and the remaining circle onto the pipe cleaner.
6. Roll the pipe cleaner end into a ball. Then spin!



... TO THOSE WHO BELIEVED IN HIS NAME, HE GAVE THE RIGHT TO BECOME CHILDREN OF GOD.
JOHN 1:12, NIV

Bible Quiz

A few Bible books have only one chapter. Which of the following is not among them?

- Obadiah
- Philemon
- 1 John
- 2 John
- 3 John
- Jude

Answer: C

Puzzle!

Solve this cryptogram puzzle, using the clues R=I and M=T, to complete Psalm 111:10, NIV.

M Y L C L O Q Z C M Y L
 P Z Q N R V M Y L
 H L D R F F R F D Z C G R V N Z U ;
 O P P G Y Z C Z P P Z G
 Y R V B Q L T L B M V
 Y O K L D Z Z N
 J F N L Q V M O F N R F D
 M Z Y R U H L P Z F D V
 L M L Q F O P B Q O R V L

PSALM 111:10, NIV

Answer: The fear of the Lord is the beginning of wisdom; all who follow his precepts have good understanding. To him belongs eternal praise. Psalm 111:10, NIV



Name: _____

FOURTH OF JULY WORD SEARCH

Circle each word from the list in the puzzle. The words can go in any direction.

F	I	R	E	W	O	R	K	S	N	G	B	C
I	N	Z	O	R	D	S	R	G	A	B	W	D
P	D	V	J	R	G	Y	F	O	J	U	L	Y
R	E	V	O	L	U	T	I	O	N	A	R	Y
F	P	O	F	B	H	F	B	M	G	P	H	N
O	E	S	G	F	O	U	R	T	H	V	D	S
O	N	U	T	G	Q	G	E	E	E	H	V	O
K	D	L	H	A	A	G	I	M	E	H	R	E
J	E	U	N	I	T	E	D	R	T	D	Y	U
D	N	Z	H	O	N	E	N	R	T	L	O	I
L	C	C	H	F	O	W	S	L	E	O	B	M
P	E	P	Q	G	W	B	R	I	T	A	I	N
D	F	G	H	R	T	Y	U	I	O	P	L	D

BRITAIN
FIREWORKS
FOURTH
FREEDOM
INDEPENDENCE

JULY
REVOLUTIONARY
STATES
UNITED

July 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4  INDEPENDENCE <i>Day</i> Office Closed	5	6	7	8	9
10	11	12	13	14	15	16
17 	18	19	20	21	22	23
24 /	25 Session @ 6:30	26 Courier Deadline	27	28 Food Pantry 4-6	29	30
31						

BIRTHDAYS

- 5 - Austin Palmer
- 6 - Rachel Switzer
- 11 - Bart Bridges
- 12 - Becky Pierce
- 13 - Bea Morris
- 14 - Amy Brown
- 15 - Barrett Switzer
- 20 - Mitchell Palmer
- 21 - Bernie Custer
- 23 - Kari Palmer
- 24 - Andy Carrier
- 30 - Corabelle Barnett



ANNIVERSARIES

- 8 - Brent & Kerry Showalter
- 11 - Skip & Robin Wallace
- 22 - David & Wendy Scott
- 24 - PD & Laura Ann Leftwich
- 25 - Dan & Kathy Dalrymple
- James & Sue Haley

Answer: Jim Suter and Adelaide Skinner were married July 1, 1967, the last couple to be married in the previous sanctuary. Jim's sister, Linda Suter, and Gary Lineweaver were the first couple to be married in the remodeled sanctuary May 5, 1968.

Dates to Remember

- 4 - Office Closed
- 17 - Baptism at North River
- 25 - Session Meeting
- 26 - Courier articles due by 9 am
- 28 - Food Pantry from 4-6 pm

Upcoming Events

- August 17 - Antartica w/ Jerry Gustin
- October 2 - Reconnect Sunday